



Membership Application

General Information

Name: _____
DOB: _____ Weight: _____ Height: _____ Gender: _____
Street Address: _____
City: _____ State: _____ Zip Code: _____
Phone Number: _____
Email Address: _____ Occupation: _____
Medical Conditions/Injuries: _____

Emergency Contact

Name: _____ Relationship: _____
Phone: _____ Mobile: _____ Work: _____

Fitness Background

What is your fitness background? Any CrossFit Experience? _____

What are your fitness goals? _____

How did you hear about CrossFit Impulse? _____

CrossFit Impulse Membership/Class Fees

*No contract required. All fees must be paid up front and in full.

By Appointment:

- CrossFit Fundamentals - \$100 (3 Classes)
- Individual Personal Training - \$70 (per session)
- Partner Personal Training - \$100 (per session)

Scheduled Classes: (See website for current schedule)

- General Membership - \$80 (per month); \$230 (3 months); \$460 (6 months)
- Partner Membership - \$140 (per month)
- Special Services Membership - \$65 (per month)
- Drop-ins - \$10 (CrossFit experience required)

Payment Information

() Check Check # _____ () Cash

FOR OFFICE USE ONLY

Member Type: _____ Payment Type: _____
Monthly Dues: _____ Total Paid: _____
Date Joined: _____