CrossFit Impulse
life. changing. fitness.

Membership Application

General Information

Name: _____

DOB: _____ Weight: _____ Height: _____ Gender: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Phone Number: _____

Email Address: _____ Occupation: _____

Medical Conditions/Injuries: _____

_____

Emergency Contact

Name: _____ Relationship: _____

Phone: _____ Mobile: _____ Work: _____

Fitness Background

What is your fitness background? Any CrossFit Experience? _____

_____

_____

_____

What are your fitness goals? _____

_____

_____

How did you hear about CrossFit Impulse? _____

CrossFit Impulse Membership/Class Fees

*No contract required. All fees must be paid up front and in full.

By Appointment:

CrossFit Fundamentals - $100 (3 Classes)

Individual Personal Training - $70 (per session)

Partner Personal Training - $100 (per session)

Scheduled Classes: (See website for current schedule)

General Membership - $125 (per month); $350 (3 months); $675 (6 months)

Partner Membership - $225 (per month)

Special Services Membership - $100 (per month)

Drop-ins - $10 (CrossFit experience required)

Payment Information

( ) Check Check # _____ ( ) Cash

FOR OFFICE USE ONLY

Member Type: _____ Payment Type: _____

Monthly Dues: _____ Total Paid: _____

Date Joined: _____

Revised 2010-Sep-29